

Welcome, CSA Member!



Meet Danica

Why have you decided to return for this second CSA season?

I love it so much!

How is this year different than last year?

There are more people to hang out with and I have new friends.

Any big plans this summer?

I have my nieces birthday party, she will be 2 years old.

Favourite healthy food? *Smoothie.*

Favourite job of the farm? *Raspberry picking.*

More from Danica.

I'm a really hard worker and I want to work every day next year

Recipe of the day Sprouted Lentil Salad



Ingredients:

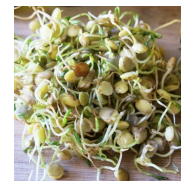
- 2 cups lentil sprouts
- 1/2 cup seeded, diced cucumber
- 1/2 cup seeded, chopped tomato
- 1/3 cup chopped green onions
- 2 tablespoons chopped fresh cilantro
- 1/2 cup thinly sliced radishes
- 1 tablespoon olive oil
- 2 tablespoons lemon juice
- 1 tablespoon white wine vinegar
- 1 1/2 teaspoons dried oregano
- 1/2 teaspoon garlic powder
- 1 1/2 teaspoons curry powder
- 1/2 teaspoon dry mustard
- Salt & pepper to taste

Directions:

1. In a medium bowl, combine the lentil sprouts, cucumber, tomato, green onions, cilantro and radishes. Toss lightly.
2. In a smaller bowl, whisk together the olive oil, lemon juice, white wine vinegar, oregano, garlic powder, curry powder, mustard, salt and pepper. Drizzle the dressing over the salad, and toss lightly to coat. Chill for 20 to 30 minutes to allow the flavors to blend before serving.

Identifying items in your CSA Bag

Cilantro



Lentil Sprouts

Chard



Green Leaf
Lettuce

More information about the vegetables and herbs included in your bag, our team, the farms and ACCESS can be found on our website <http://accessgarden.jimdo.com/>, Facebook page <https://www.facebook.com/AccessGarden> and Instagram Account [@Accessgarden](https://www.instagram.com/Accessgarden).

